



Meals on Wheels and More

BSAC, Blaine, Ferndale Community Meals

May, 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Bellingham Kitchen Team Melody Phillips-Kitchen Supervisor Emy Olguin-Prep Cook Patrick Greenberg-Prep Cook Reece Booth-Kitchen Asst. Kai Trujillo-Kitchen Assistant Ian Casinos-Food Service Mgr.</p>	<p>Alternate Vegetarian Meal <i>In *Italics</i> Entrée Salad Option Available Every Day Ferndale - Donna Kinley Blaine – Steve Wittwer</p>			<p>Split Pea & Ham Soup <i>*Veggie Split Pea Soup</i> ½ Grilled Cheese Sandwich Garden Salad Fresh Fruit Medley</p>
<p>Citrus Baked Salmon <i>*Citrus Glazed Tofu</i> Wild Rice Pilaf Green Beans Garden Salad Raspberry Sherbet</p>	<p>Chicken Fajitas <i>*Vegan Fajitas</i> w/ Sour Cream & Salsa Spanish Rice Corn Salad Pineapple</p>	<p>Salisbury Steak <i>*Vegetarian Burger Patty</i> Potatoes & Mushroom Gravy Peas & Carrots Spinach Salad Ambrosia</p>	<p>Cheese Ravioli w/ Vegetable Marinara Italian Vegetable Blend Garlic Toast Caesar Salad Peaches</p>	<p>Mother's Day Brunch Classic Eggs Benedict Sausage Link Roasted Potatoes Cheese Blintz w/ Berry Compote Fresh Fruit Medley</p>
<p>Chicken Cordon Bleu <i>*Veggie Cutlet</i> Rice Pilaf Capri Blend Vegetable Cucumber Tomato Salad Banana Cream Pudding</p>	<p>Sausage & Shrimp Gumbo <i>*Vegan Gumbo</i> Cornbread Garden Salad Tropical Fruit Salad</p>	<p>Swedish Meatballs <i>*Veggie Swedish Meatballs</i> Egg Noodles Dill Carrots Spinach Salad Fresh Apple Slices</p>	<p>Chicken Ala King <i>*Veggie Ala King</i> Brown Rice Brussels Sprouts Garden Salad Strawberry Cream Salad</p>	<p>Taco Salad <i>*Veggie Taco Salad</i> Cornbread Sliced Oranges</p>
<p>Stuffed Bell Peppers <i>*Veggie Stuffed Pepper</i> Baked Yam Green Beans Garden Salad Berry Crisp</p>	<p>Teriyaki Chicken Sandwich <i>*Vegan Veggie Patty</i> Potato Wedges Cucumber Salad Fresh Fruit</p>	<p>Birthday Lunch Cranberry Mustard Pork Loin <i>*Cranberry Mustard Cutlet</i> Wild Rice Pilaf Green Beans Almondine Spinach Salad Birthday Cake</p>	<p>Country Fried Steak <i>*Veggie Cutlet</i> Mashed Potatoes & Country Gravy Garden Salad Applesauce</p>	<p>Chicken Taco Soup <i>*Veggie Taco Soup</i> Jalapeño Cheddar Cornbread Garden Salad Fresh Pineapple</p>
<p>Closed for Memorial Day</p>	<p>Carnitas Street Tacos <i>*Vegan Street Tacos</i> w/ Cilantro & Lime Spanish Rice Corn Salad Rice Pudding</p>	<p>Korean Beef Bulgogi <i>*Tofu Bulgogi</i> Basmati Rice Asian Vegetables Asian Slaw Mandarin Oranges</p>	<p>Lemon Pepper Cod <i>*Lemon Pepper Grilled Tofu</i> Roasted Yams Normandy Vegetable Blend Coleslaw Orange Sherbet</p>	<p>Chicken Apple & Pecan Salad <i>*Tofu, Apple Pecan Salad</i> Oatmeal Bread Fresh Red Grapes</p>

Menus are subject to change due to food cost and availability. Meals on Wheels and More is a program of the Whatcom Council on Aging.