

**Meals on Wheels and More****BSAC, Blaine, Ferndale Community Meals****February 2026**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Swedish Meatballs <i>*Veggie Swedish Meatballs</i> Egg Noodles Buttered Dill Carrots Garden Salad Ambrosia	3 Creole Jambalaya <i>*Vegan Creole Jambalaya</i> Southern Cornbread Cucumber Onion Salad Banana Pudding	4 Panko Crusted Cod <i>*Panko Crusted Tofu</i> Wild Rice Pilaf Roasted Carrots Coleslaw Peaches	5 Turkey Meatloaf <i>*Veggie Meatloaf</i> Mashed Potatoes & Gravy Green Beans Kale Citrus Salad Mixed Berry Crisp	6 Broccoli Cheddar Soup Country Chicken Salad Wrap <i>*Veggie Wrap</i> Garden Salad Fresh Fruit
9 Chicken Cordon Bleu <i>*Veggie Chicken Cutlet</i> Roasted Yam Brussel Sprouts Pineapple Coleslaw Raspberry Sherbet	10 Beef Shepherd's Pie <i>*Vegan Shepherd's Pie</i> Roasted Zucchini Spinach Salad Fresh Fruit Apple Crisp	11 German Brat Red Cabbage German Potato Salad Spiced Apples	12 <i>*Cheese Tortellini Pesto</i> w/ Sundried Tomatoes Italian Vegetable Blend Garlic Toast Caesar Salad Orange Slices	13 Taco Salad <i>*Veggie Taco Salad</i> Cornbread Fresh Grapes
16 President's Day Center Closed	17 Herb Roasted Chicken <i>*Vegan Cutlet</i> Roasted Potato Medley Maple Glazed Carrots Spinach Salad Cinnamon Applesauce	18 Birthday Lunch Turkey Pot Roast Mashed Potatoes & Gravy Roasted Carrots Spinach Salad Birthday Cake	19 Chinese New Year Chinese BBQ Pork <i>*BBQ Tofu</i> Vegetable Fried Rice Vegetable Egg Roll Asian Salad Fortune Cookie	20 Mushroom & Swiss French Dip <i>*Veggie Burger Dip</i> w/ Au Jus Sweet Potato Fries Carrot Raisin Salad Tropical Fruit Salad
23 Cabbage Rolls Baked Sweet Potato Garden Salad Red Grapes	24 Beef Fajitas <i>*Vegan Fajitas</i> w/ Sour Cream & Salsa Spanish Rice Roasted Corn Salad Fresh Fruit	25 Honey Mustard Chicken <i>*Veggie Chicken Tender</i> Vegetable Rice Pilaf California Blend Garden Salad Millionaire Salad	26 Dill Salmon <i>*Veggie Patty</i> Vegetable Rice Pilaf Maple Glazed Carrots Broccoli Apple Salad 7 Layer Bar	27 Chicken Cobb Salad w/ Bacon <i>*Veggie Cobb Salad</i> Oatmeal Bread Fresh Pineapple
			<p>Bellingham Kitchen Team Melody Philips-Kitchen Supervisor Emy Oguin-Prep Cook Patrick Greenberg-Prep Cook Carmen Gonzalez-Kitchen Asst. Reece Booth-Kitchen Asst. Ian Cassinos-Food Service Mgr.</p>	<p>Alternate Vegetarian Meal <i>In *Italics</i> Entrée Salad Option Available Every Day</p> <p>Ferndale - Donna Kinley Blaine - Steve Wittwer</p>

Menus are subject to change due to food cost and availability.

Meals on Wheels and More is a program of the Whatcom Council on Aging.