BSAC Button Walkabouts – August 2025

| Date Day | <u>Leader</u> | <u>Destination</u> |
|----------|---------------|---|
| 8/5 Tue | | Civic Field to Whatcom Creek Trail Park in the NW corner of the Civic Stadium lot |
| 8/7 Thu | | Hovander Homestead Park; Main (west) parking lot (allow time to get there and bring a lunch) |
| 8/12 Tue | | Cordata Trail We will meet in the Cordata Park parking lot at the north end of the park off of Cordata Pkwy |
| 8/14 Thu | | Bay to Baker Trail to Little Squalicum Park Park Squalicum Creek Park off Squalicum Way |
| 8/19 Tue | | Northridge trail Park in lot east (right side) of Silver Beach Elementary School |
| 8/21 Thu | | NorthShore (Hertz) Trail from Lake Whatcom Park First trailhead parking lot (allow plenty of time to get there) |
| 8/26 Tue | | Stimpson Reserve trails Trailhead parking lot off Lake Louise Rd. |
| 8/28 Thu | | South Bay Trail from Marine Park Diagonal parking in the lot at Marine Park |

- Walk leaders will be signing walkers in at the trailhead, 9:45-9:50am.
- Walks are planned for every Tuesday and Thursday mornings at 10 AM. (Arrive early to sign in.)
- Walks last approx. 1 ½ hours
- This timing allows walkers to return to the Senior Center in time for lunch there.
- Please stay with a partner on designated trails
 - Walk length is variable. Many are out and back and so can be adjusted to our many walking paces by simply turning around when half of our time is used up (about 45 minutes). Some walkers can cover 4 miles in the allotted hour and a half; some only walk about 2 miles (or less).
 - The walks are fairly level. They are not without some up and down, but most are mildly so. Only a couple have a short (not sustained) steeper (but manageable) section.
- Most walks contain dirt or gravel trails which are not conducive for portable walkers
- Do not bring your pet for the walk
- Each Walker Must Be a Member of BSAC