




Meals on Wheels and More

BSAC, Blaine, Ferndale Community Meals

May 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Bellingham Kitchen Team Melody Philips-Kitchen Supervisor Emy Olguin-Prep Cook Patrick Greenberg-Prep Cook Reece Booth-Kitchen Asst. Ian Cassinos-Food Service Mgr.</p>	<p><i>Alternate Vegetarian Meal</i> <i>In *Italics</i> Entrée Salad Option Available Every Day</p> <p>Ferndale - Donna Kinley Blaine – Steve Wittwer</p>		<p>Honey Garlic Chicken <i>*Veggie Cutlet</i> Baked Potato Green Beans Spinach Salad 7 Layer Bar</p>	<p>Creamy Tomato Soup Turkey & Cheddar Sandwich <i>*Cheese & Veggie Sandwich</i> Garden Salad Fresh Grapes</p>
<p>Cinco De Mayo Pork Carnitas Street Tacos <i>*Veggie Street Tacos</i> Mexican Street Corn Pinto Beans Pineapple</p>	<p>Ginger Beef <i>*Vegan Ginger Tofu</i> Brown Rice Broccoli Asian Sesame Coleslaw Mandarin Oranges</p>	<p>Jamaican Jerk Chicken w/ Mango Salsa <i>*Veggie Cutlet</i> Roasted Potato Medley Brussels Sprouts Banana Cream Pudding</p>	<p>Tortellini Pesto w/ Sundried Tomatoes Italian Vegetables Caesar Salad Peaches</p>	<p>Mother's Day Brunch Eggs Benedict Sausage Links Breakfast Potatoes Cheese Blintz w/ Berry Compote Fresh Fruit Medley</p>
<p>Chicken Strips w/ Honey Must. <i>*Veggie Strips</i> Macaroni & Cheese California Blend Veggies Garden Salad Apple Slices</p>	<p>Cheeseburger w/ Lettuce, Tomato & Onion <i>*Vegan Veggie Burger</i> Potato Wedges Coleslaw Cantaloupe</p>	<p>Pork w/ Apple Chutney <i>*Veggie Cutlet w/ Chutney</i> Wild Rice Pilaf Green Beans Kale Citrus Salad Berry Crisp</p>	<p>Panko Crusted Cod <i>*Veggie Patty</i> Vegetable Rice Pilaf Roasted Carrots Spinach Salad Strawberry Ice Cream</p>	<p>BBQ Chicken Salad Cornbread Watermelon</p>
<p>Apricot Glazed Pork Chop <i>*Glazed Veggie Cutlet</i> Potatoes Colcannon Broccoli Blend Kale Citrus Salad Raspberry Sherbet</p>	<p>Green Chili Chicken Enchiladas <i>*Vegan Bean Enchiladas</i> Spanish Rice Garden Salad Coconut Cream Pudding</p>	<p>Birthday Lunch Beef Stroganoff <i>*Mushroom Stroganoff</i> Egg Noodles Buttered Dill Carrots Spinach Salad Birthday Cake</p>	<p>Chicken Pot Pie <i>*Mushroom Pot Pie</i> Garden Salad Fruited Jell-O</p>	<p>Clam Chowder w/ Oyster Crackers <i>*Corn & Potato Chowder</i> Tuna Salad Wrap Garden Salad Orange Slices</p>
<p> BSAC CLOSED</p>	<p>Thai Peanut Chicken <i>*Thai Peanut Tofu</i> Basmati Rice Asian Vegetables Spinach Salad Orange Wedges</p>	<p>Loaded Veg Lasagna Garlic Toast Italian Green Beans Caesar Salad Sliced Peaches</p>	<p>Turkey Meatloaf <i>*Veggie Loaf</i> Mashed Potatoes & Gravy Peas & Carrots Garden Salad Ambrosia</p>	<p>Ahi Tuna Salad <i>*Grilled Tofu Salad</i> Spring Rolls Fresh Grapes</p>

Menus are subject to change due to food cost and availability. Meals on Wheels and More is a program of the Whatcom Council on Aging.