



Meals on Wheels and More

BSAC, Blaine, Ferndale Community Meals

May 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Bellingham Kitchen Team Melody Phillips-Kitchen Supervisor Emy Olguin-Prep Cook Patrick Greenberg-Prep Cook Reece Booth-Kitchen Asst. Ian Cassinos-Food Service Mgr.	Alternate Vegetarian Meal <i>In *Italics</i> Entrée Salad Option Available Every Day Ferndale - Donna Kinley Blaine – Steve Wittwer		1 Honey Garlic Chicken <i>*Veggie Cutlet</i> Baked Potato Green Beans Spinach Salad 7 Layer Bar	2 Creamy Tomato Soup Turkey & Cheddar Sandwich <i>*Cheese & Veggie Sandwich</i> Garden Salad Fresh Grapes
Cinco De Mayo 5 Pork Carnitas Street Tacos <i>*Veggie Street Tacos</i> Mexican Street Corn Pinto Beans Pineapple	6 Ginger Beef <i>*Vegan Ginger Tofu</i> Brown Rice Broccoli Asian Sesame Coleslaw Mandarin Oranges	7 Jamaican Jerk Chicken w/ Mango Salsa <i>*Veggie Cutlet</i> Roasted Potato Medley Brussels Sprouts Banana Cream Pudding	8 Tortellini Pesto w/ Sundried Tomatoes Italian Vegetables Caesar Salad Peaches	Mother's Day Brunch 9 Eggs Benedict Sausage Links Breakfast Potatoes Cheese Blintz w/ Berry Compote Fresh Fruit Medley
12 Chicken Strips w/ Honey Must. <i>*Veggie Strips</i> Macaroni & Cheese California Blend Veggies Garden Salad Apple Slices	13 Cheeseburger w/ Lettuce, Tomato & Onion <i>*Vegan Veggie Burger</i> Potato Wedges Coleslaw Cantaloupe	14 Pork w/ Apple Chutney <i>*Veggie Cutlet w/ Chutney</i> Wild Rice Pilaf Green Beans Kale Citrus Salad Berry Crisp	15 Panko Crusted Cod <i>*Veggie Patty</i> Vegetable Rice Pilaf Roasted Carrots Spinach Salad Strawberry Ice Cream	16 BBQ Chicken Salad Cornbread Watermelon
19 Apricot Glazed Pork Chop <i>*Glazed Veggie Cutlet</i> Potatoes Colcannon Broccoli Blend Kale Citrus Salad Raspberry Sherbet	20 Green Chili Chicken Enchiladas <i>*Vegan Bean Enchiladas</i> Spanish Rice Garden Salad Coconut Cream Pudding	Birthday Lunch 21 Beef Stroganoff <i>*Mushroom Stroganoff</i> Egg Noodles Buttered Dill Carrots Spinach Salad Birthday Cake	22 Chicken Pot Pie <i>*Mushroom Pot Pie</i> Garden Salad Fruited Jell-O	23 Clam Chowder w/ Oyster Crackers <i>*Corn & Potato Chowder</i> Tuna Salad Wrap Garden Salad Orange Slices
26 French Dip w/ Au Jus <i>*Veggie Dip</i> Sweet Potato Fries Pineapple Coleslaw Orange Cream Salad	27 Thai Peanut Chicken <i>*Thai Peanut Tofu</i> Basmati Rice Asian Vegetables Spinach Salad Orange Wedges	28 Loaded Veg Lasagna Garlic Toast Italian Green Beans Caesar Salad Sliced Peaches	29 Turkey Meatloaf <i>*Veggie Loaf</i> Mashed Potatoes & Gravy Peas & Carrots Garden Salad Ambrosia	30 Ahi Tuna Salad <i>*Grilled Tofu Salad</i> Spring Rolls Fresh Grapes

Menus are subject to change due to food cost and availability. Meals on Wheels and More is a program of the Whatcom Council on Aging.