

## BSAC Button Walkabouts – April 2025

<u>Date</u>	<u>Leader</u>	<u>Destination</u>
4/1 Tue		Squalicum Harbor from the parking lot in front of the Squalicum Boathouse at Zuanich Point Park
4/3 Thu		Bay to Baker Trail from Cornwall Park Park in Cornwall Park lot farthest north off of Meridian
4/8 Tue		Rotary trailhead to the train station Park in the Rotary parking lot along Old Fairhaven Pkwy (or on the street above it)
4/10 Thu		Interurban Trail from North Chuckanut Trailhead parking lot just north of California St.
4/15 Tue		Stimpson Reserve trails Trailhead parking lot off of Lake Louise Rd.
4/17 Thu		Lake Padden Parking before the dog park
4/22 Tue		Bay to Baker Trail to Little Squalicum Park Park Squalicum Creek Park off of Squalicum Way
4/24 Thu		NorthShore (Hertz) Trail from Lake Whatcom Park First trailhead parking lot (allow plenty of time to get there)
4/29 Tue		Whatcom Falls Park (new/old route) Lower parking lot by the fish hatchery

For now, we will continue to meet at the trailheads:

- Walk leaders will be signing walkers in at the trailhead.

Things that will stay the same:

- Walks are planned for every Tuesday and Thursday mornings at 10 AM.  
(Arrive early to sign in.)
- Walks last approx. 1 ½ hours
- ***This timing allows walkers to return to the Senior Center in time for lunch there.***
- Please stay with a partner on designated trails
  - Walk length is variable. Many are out and back and so can be adjusted to our many walking paces by simply turning around when half of our time is used up (about 45

minutes). Some walkers can cover 4 miles in the allotted hour and a half; some only walk about 2 miles (or less).

- The walks are fairly level. They are not without some up and down, but most are mildly so. Only a couple have a short (not sustained) steeper (but manageable) section.
- Most walks contain dirt or gravel trails which are not conducive for portable walkers
- Do not bring your pet for the walk
- ***Each Walker Must Be a Member of BSAC***