



Meals on Wheels and More

BSAC, Blaine, Ferndale Community Meals

January, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Bellingham Kitchen Team Melody Phillips-Kitchen Supervisor Emy Olguin-Prep Cook Patrick Greenberg-Prep Cook Carmen Gonzalez-Kitchen Asst. Gale Kipp-Kitchen Asst. Reece Booth-Kitchen Asst. Ian Casinos-Food Service Mgr.</p>	<p>Alternate Vegetarian Meal <i>In *Italics</i> Entrée Salad Option Available Every Day</p> <p>Ferndale - Donna Kinley Blaine – Steve Wittwer</p>	<p>HAPPY NEW YEAR Center Closed</p>	<p>Sweet & Sour Meatballs (Beef) * <i>Vegan Meatballs</i> Brown Rice Asian Vegetable Blend Asian Salad Mandarin Oranges</p>	<p>Leek & Potato Soup Turkey & Cheddar on WW * <i>Cheese & Veggies on WW</i> Garden Salad Fresh Apple Slices</p>
<p>Cheese Tortellini w/ Creamy Pesto & Sundried Tomato Sauce Italian Vegetables Caesar Salad Peach Slices</p>	<p>Pork Carnitas Street Tacos w/ Onion & Fresh Lime * <i>Vegan Street Tacos</i> Spanish Rice Cabbage Slaw Fresh Grapes</p>	<p>Swiss Steak * <i>Swiss Garden Burger</i> Mashed Potatoes & Gravy Peas & Onions Garden Salad Apple Crisp</p>	<p>Chicken Pot Pie * <i>Mushroom Pot Pie</i> Garden Salad Banana Cream Pudding</p>	<p>Ahi Tuna Salad * <i>Veggie Entrée Salad</i> Veggie Spring Rolls Orange Wedges</p>
<p>Honey Garlic Chicken * <i>Honey Garlic Vegan Cutlet</i> Roasted Red Potatoes Normandy Blend Garden Salad Applesauce Bar</p>	<p>Hearty Beef Stew * <i>Vegan Vegetable Stew</i> Buttermilk Biscuit Spinach Salad Fresh Banana</p>	<p>BBQ Pulled Pork Sliders * <i>Veggie Sliders</i> Sweet Potato Fries Pineapple Coleslaw Fruited Jell-O</p>	<p>Chicken Yakisoba * <i>Tofu Yakisoba</i> Vegetable Egg Roll Stir fry Vegetable Blend Orange Slices</p>	<p>Italian Vegetable Lentil Soup Rosemary Focaccia Bread Garden Salad Apricots Oatmeal Raisin Cookie</p>
<p>Martin Luther King Jr. Day Center Closed</p>	<p>Jerk Chicken w/ Mango Salsa * <i>Vegan Cutlet</i> Roasted Yam Garden Salad Tropical Fruit Salad</p>	<p>Birthday Lunch Maple Glazed Salmon Wild Rice Pilaf Roasted Baby Carrots Spinach Salad Birthday Cake</p>	<p>Pork Chop w/ Onion Gravy Mashed Potatoes Buttered Peas Garden Salad Ambrosia</p>	<p>Southwest Chicken Salad * <i>Veggie Entrée Salad</i> Cornbread Fresh Grapes</p>
<p>Mushroom & Cheese Omelet Roasted Breakfast Potatoes Garden Salad Orange Juice Fruit & Yogurt Parfait</p>	<p>Green Chili Chicken Enchiladas * <i>Vegan Green Chili Enchiladas</i> Refried Beans Roasted Corn Salad Pineapple</p>	<p>Pork w/ Apple Chutney * <i>Veggie Cutlet w/ Chutney</i> Roasted Sweet Potato Green Beans Spinach Salad Rainbow Sherbet</p>	<p>Shrimp & Scallop Scampi w/ Linguini Fresh Steamed Broccoli Caesar Salad Lime Jell-O Salad</p>	<p>All Beef Hot Dog w/ Sauerkraut & Onions * <i>Veggie Dog</i> Potato Salad Fresh Fruit Vanilla Ice Cream</p>

Menus are subject to change due to food cost and availability. Meals on Wheels and More is a program of the Whatcom Council on Aging.