

# WHATCOM AND SAN JUAN COUNTY SENIOR COMMUNITY MEALS

Revised September 2021

Due to the recent surge in COVID-19 infections and hospitalizations, and given our vulnerable senior population, Senior Community Meals in Whatcom and San Juan County remain on hold. We do not have a reopening date(s) at this time, but we will resume lunch service inside senior centers when it is safe to do so. We continue to offer once-a-week pick of Senior To-go Meals at multiple sites throughout Whatcom County and expanded availability of home-delivered Meals on Wheels in San Juan County.

## **SENIOR TO-GO MEALS**

Senior To-Go Meals are distributed weekly from 11:30-12:00pm at the following Whatcom County locations on the days listed below unless otherwise indicated. Each package of meals includes a fresh meal plus six frozen meals prepared by our cooks. The bags also contain a half gallon of 2% milk and whole grain bread. These meals are available to adults age 60 and over and are donation based. No one will be turned away due to an inability to donate.

Bellingham	(360) 733-4030	Wednesdays
Blaine	<u>(360) 332-8040</u>	Thursdays
Ferndale	<u>(360) 384-6244</u>	Wednesdays
Sumas & Everson	(360) 778-5850	Mondays

Foothills Food Bank (360) 392-8149 Tuesdays – 8:30am- 11:30am

### NOTE:

- No meal pick-up provided at Welcome Senior Center
- <u>Lynden Community/Senior Center</u> is currently offering daily fresh meals for community dining or pick-up. See their website for more information.
- Foothills Food Bank Senior To-Go Meal bags include 7 frozen meals and no fresh meal.

If you are 60 and over and cannot get to one of the above locations, or do not have the ability to reheat frozen meals, please call 360-746-6480.

### **Meals on Wheels**

There are currently no changes to the home-delivered Meals on Wheels program in Whatcom or San Juan County. The program will continue regular hot and frozen meal delivery for Meals on Wheels clients as long as staffing and volunteer capacity allows. If you are age 60 or older, homebound, and in need of meals please call (360) 746-6480 or complete a request form at <a href="https://whatcomcoa.org/request-meals/">https://whatcomcoa.org/request-meals/</a>.

#### Websites:

Whatcom Council on Aging: https://whatcomcoa.org/

Bellingham Senior Activity Center:

https://whatcomcoa.org/bellingham-senior-activity-center/



Meals on Wheels & More:

https://whatcomcoa.org/meals-on-wheels-and-more/

Blaine Senior Activity Center: https://blaineseniorcenter.org/

Ferndale Senior Activity Center: https://www.ferndaleseniorcenter.org/

Lynden Senior Activity Center: https://www.lyndencommunitycenter.org/

Mullis Community/Senior Center: https://mulliscenter.org

Orcas Senior Center: https://www.orcasseniors.org/

Lopez Senior Center:

https://woodmenhall.org/senior-services/