

Meals on Wheels and More

March 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p>Beer Bratwurst Red Sauerkraut Garlic Dill Red Potatoes Spinach Salad Sherbet</p>	<p>3</p> <p>Vegetarian Chili Stuffed Potato Broccoli Florets Garden Salad Fresh Melon</p>	<p>4</p> <p>Grilled Chicken Swiss Sandwich Sweet Potato Garden Salad Chocolate Pudding</p>	<p>5</p> <p>Turkey Pot Pie Garden Salad Fresh Oranges</p>	<p>6</p> <p>Penne w/ Sausage & Mushroom Marinara Italian Veggies Caesar Salad Fruit</p>
<p>9</p> <p>Crab Cake w/ Tartar Wild Rice Pilaf Capri Veggies Garden Salad Sliced Peaches</p>	<p>10</p> <p>Sweet Thai Chicken Peanut Noodles Asian Veggies Kale Citrus Salad Fruit</p>	<p>11</p> <p>Shepherd's Pie Brussels Sprouts Garden Salad Apple Slices</p>	<p>12</p> <p>Pulled Chicken Sliders w/ BBQ Sauce Steamed Veggies Kale Cabbage Slaw Apple Crisp</p>	<p>13</p> <p>Turkey Meatloaf w/ Mashed Potatoes Roast Carrots Garden Salad Sliced Pears</p>
<p>16</p> <p>Denver Scramble w/ Breakfast Potatoes Orange Juice Greek Yogurt w/ Blueberries</p>	<p>17</p> <p>St. Patrick's Day Corned Beef & Cabbage Carrots and Potatoes Irish Soda Bread Fruited Jello</p>	<p>18</p> <p>Chicken Alfredo Italian Veggies Caesar Salad Apricots</p>	<p>19</p> <p>Chinese BBQ Pork Fried Rice Asian Veggies Mandarin Oranges Fortune Cookie</p>	<p>20</p> <p>Herb Baked Fish Rainbow Potatoes Mixed Veggies Kale Salad Fruit</p>
<p>23</p> <p>Swedish Meatballs Over Brown Rice Green Beans Garden Salad Sliced Peaches</p>	<p>24</p> <p>Chicken Cobb Salad w/ Oatmeal Bread & Fresh Fruit</p>	<p>25</p> <p>Chicken Salad Wrap Garden Chips Green Salad Fresh Grapes</p>	<p>26</p> <p>Fish Tacos on Corn Tortillas w/Slaw and Pico Roast Sweet Potato Spinach Salad Tropical Fruit</p>	<p>27</p> <p>Pork w/Apple Chutney Mashed Potatoes Nantucket Veggies Garden Salad Fruit</p>
<p>30</p> <p>Caribbean Chicken Red Beans and Rice Caribbean Veggies Garden Salad Sliced Peaches</p>	<p>31</p> <p>Tuna Casserole Broccoli Florets Garden Salad Sliced Peaches</p>			<p>Event Date: March 7th 5pm Ferry Terminal Get Tickets for the Irish Dinner at Front Desk or www.whatcomcoa.org \$50 Each</p>

All menus are subject to change due to food cost and availability **Gluten Free Entrée Available (ask). Entrée Salad Available daily.**